



Rodolfo Young

The Authenticity Muse

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### **Important Links:**

Website – [www.totalauthenticity.com](http://www.totalauthenticity.com)

Facebook – [www.facebook.com/GetAuthentic](http://www.facebook.com/GetAuthentic)

Blog – [blog.totalauthenticity.com](http://blog.totalauthenticity.com)

Example of Work – [Shift in Consciousness Lecture](#)

High Resolution Photo – [Download here](#)

## PROFILE:

Rodolfo was born in Mexico City, and moved to the United States at a very young age. He grew up in San Diego, California and coming out of high school as one of the top of his class he made an interesting choice...and signed an 8-year contract with the US Military as a Special Operations Army Reserve Soldier. He was deployed to different parts of the world, including Iraq, and got to see firsthand what separation consciousness can do to our world.

In 1999, he attended his first 10 day silent course of Vipassana Meditation. The clarity, insights, and messages he received from that experience inspired him to begin teaching.

At the age of 19, he became the first undergraduate at San Diego State University granted his own classroom. For an entire year he taught spiritual philosophy there and touched the lives of hundreds of students.

From there he began teaching and practicing bodywork and energy work at a long-standing Holistic School in San Diego, and eventually...

In 2007, he opened The Center for Connection, a non-profit organization dedicated to the values of presence, trust, and altruism. His Center quickly expanded to serving a membership of more than a 1,000 within a few short months. For two years, he continued to build the Center, during which time...

\* He became a recognized leader in the San Diego spiritual community

\* **He taught "The Power of Now" based on the best selling book by Eckhart Tolle for the Learning Annex and wrote an approved supplemental called, "[A Droplet's View](#)"**

\* He became a Master Architect and Teacher for the self-centered Tour, a meditation inspired revolution for conscious entrepreneurs, founded by Max Simon, formerly of the Chopra Center.

\* He was invited to speak and hold workshops at the World Wellness Weekend in Albuquerque alongside prominent speakers Marianne Williamson, Deepak Chopra, and John Gray.

In 2008, realizing that his time and energy was being used more to maintain the *business* of holistics, rather than practicing it, he closed his Center in San Diego, and took off on a 9-month journey around the globe to learn from indigenous healers and wisdom keepers, and to rediscover a connection to himself.

As of today, Rodolfo has:

- Touched the lives of hundreds of thousands of people from all around the world
- Led a meditation for an event of over 20,000 participants, bringing them all together in stillness
- Shared the stage with some of the world's greatest leaders in transformational consciousness
- Authored two books on Love, Life, and Beauty: "[The Song of an Empty Mind](#)" and "[A Droplet's View](#)"

- Created the life of his dreams - living in Bali, traveling the world, and holding people in their brilliance.
- And most importantly, he has come to realize how amazingly Inspirational and Beautiful *he* can be...when he is just Authentic & Vulnerable.

To date, he has personally taken over 500 people through his signature courses and experiences and he has watched each of them have breakthrough transformations in their life.

## TESTIMONIALS:

Please also see video testimonials at <http://www.totalauthenticity.com/Testimonials.html>



*“Rodolfo is a gorgeous man and holistic in all ways!”*

**- Janett Attwood**

Best-selling author of “The Passion Test”



*“If you want to get back to your sense of love, your sense of value, and that you have something to offer, there is no better person than Rodolfo to bring you there.”*

**- Max Simon**

Business Consultant to the Chopra Center



*“Rodolfo helped me find intimacy and trust within myself and led my heart to open more to love”*

**- Sasha Lang**

Assistant Spa Director, Montage in Laguna Beach



*“Rodolfo held me in my light and power and allowed me to open up and be ALL of ME.”*

**- Shirly Joy Weiss**

Language Mastery Coach & Joy Facilitator

## **Speaking Topics: Full List can be found here – [Keynote Presenter](#)**

\* **The Art of Presence** - learn how to tap into the Power of Now in all aspects of your life: at work, at home, in relationships and more. Having presence will dissolve your fears and release your past attachments and patterns. Learn to quiet your mind, listen to your intuition, and become aware of all the opportunities this moment has to offer.

Rodolfo taught a course for over a year based on Eckhart Tolle's best selling book, "The Power of Now" and even wrote an approved supplemental - "The Droplets View".

\* **Mastery of the Ego** - Our innate identity defense system. Rodolfo discusses how to befriend the ego in a healthy balance; seeing it not as an enemy, but understanding it, so that you are no longer controlled by it. Be aware of your drive to become and allow yourself to simply be. Learn to forgive yourself and others.

\* **Connecting World Beliefs** - tie together the teachings from the worlds major religions and traditions. All the prophets have spoken about similar conflicts in life and have offered very similar answers. We will discuss the importance of faith and sincere action, and why blind ritual will cause you to lose the depth of your belief.

\* **Sacred Geometry and the Significance of Movement** - spirals, mathematics, and ancient drawings hold the key to the evolution of human consciousness. We will discuss the Golden Mean, Fibonacci Sequence and the Flower of Life and how they can be found in nature, but moreover WHY they are found in nature!

\* **The Physics of Reality and Our Ability to Manifest**- all things are made of vibrating particles and these particles are in connection with one another. Connection is the significance of life, and life's only agenda is balance. Learn how to connect with each other, augmenting your energetic vibration. We have the potential to create a new world, a new global community.

\* **A Vision For The Future** - we each speak of wholeness, unity, and community, and yet we meet under separate roofs, harbour our ideas and insights, and fear the competition of those who are sharing similar service and purpose. It is time to pool our resources, to come together in our vision, to see and share gratitude for each others beauty. It is not a certain action we must take to "change" the world. We simply need to shift our perspective, our consciousness, to recognize the change already happening.

## **Audio/Visual Requirements:**

As many of my presentations are now given in silence, my primary logistical needs are:

- A projector and screen. For smaller groups I can also use a large television screen.
- A surround sound system for music and recorded audio.
- Chairs or cushions that can be moved to open space for movement

## **Professional Introduction by MC:**

Touching hundreds of lives worldwide, this man has "held space" for authentic transformation through his presentations, unique experiences, and ultimately his joyful, peaceful presence.

He has authored 3 books on Life, Love, and Inspiration. He opened and maintained two Holistic Centers in San Diego, closing them when he decided to travel the world and continue growing in his spiritual and community connections.

He was invited to speak and hold workshops at the World Wellness Weekend in Albuquerque, New Mexico alongside prominent speakers Marianne Williamson, Deepak Chopra, and John Gray.

And for 3 years now has been the official hugger for the Bali Spirit Festival.

His calming presence is undeniably felt and as of January 1st, 2011 - he took his ability to create a safe and inspirational space to a whole new level. He has gone SILENT.

Having taken silent vows multiple times for up to 30 days, and continued to live his passions and ideal life and to share his experiences with others – he even taught a workshop at the Chopra Center in San Diego while silent - he is skilled at creatively communicating and expressing from a place of deep authenticity - voice or no voice!

I am pleased to present – Rodolfo Young, The Authenticity Muse!